

WHAT IS PTP?

The Pathwork Transformation Program (PTP), offers the experience of practicing Pathwork as a committed group, for emotional processing and group learning. Participants invariably report outcomes nothing short of life-changing in the most personal, life-affirming ways.

Pathwork of California's (PoC) PTP is a three-year program, taught in 4 in-person modules and 3 online classes per year. Participants commit to one year at a time, starting Oct. 2023.

Using a systematic approach, we educate, mature, and heal those parts of ourselves that have become split off, distorted, and "lost". Simultaneously we develop our capacity to love, our sense of humor, the ability to allow ourselves and others the benefit of the doubt, and the flexibility to allow Higher Guidance to inform us.



PATHWORK TRANSFORMATION PROGRAM

The heart of the
Pathwork experience

WHY POC CALIFORNIA?

PoC uses the “50/50” work created by Moira Shaw, synthesized into a very “now” curriculum by PoC’s experienced faculty. This approach places your individual personal growth efforts into the broader context of the Soul’s Journey and the very evolution of consciousness in the universe. It is a simultaneously very safe, sacred, and powerful approach.

“PTP was the beginning of my new spiritual journey that continues today. It launched me to change. It continues to change my life for the better.”

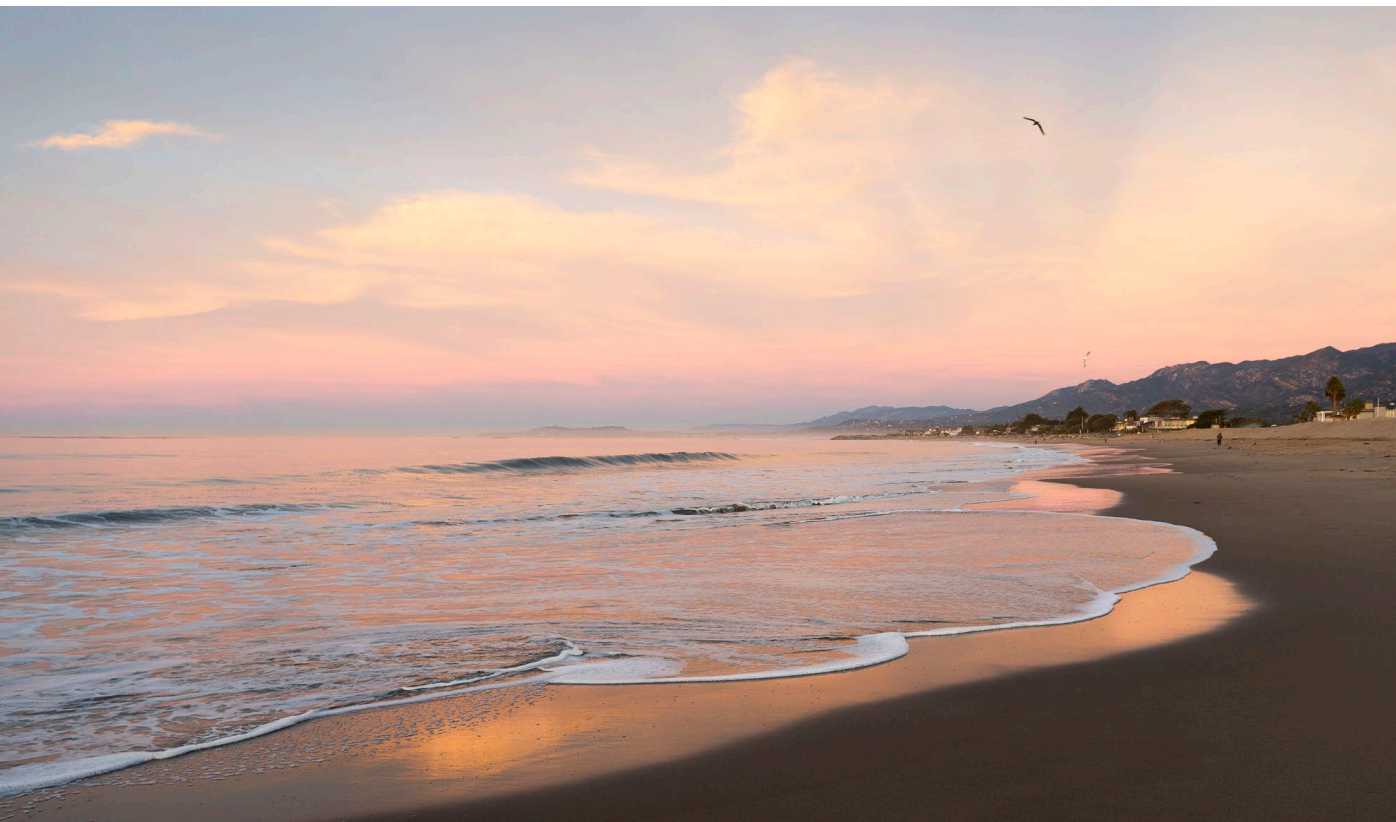
Dianne, 2018 PoC graduate

HOW WILL I LEARN?

Spiritual Practice: Meditation and prayer, visualization, ritual and other practices to connect with the Oneness at the center of self and the universe. Encouraged, you will continue using these practical tools on your own.

Conceptual Work: Learning to identify internal misconceptions and patterns of behavior embedded in negative life experience; making the self-responsible connection between cause and effect – the creation of your life; replacing false beliefs and images with new, true concepts based on reality, vision and faith.

Personal and Interpersonal Process Work: Practicing and experiencing letting go of masks and defenses, developing the capacity to become appropriately vulnerable and working through deep issues with the guidance of your teacher and support of your fellow students.





WHY NOW?

The formation of a new PTP group is an exciting time! A group like this doesn't form every day or even every year! Everyone starts on equal footing and grows side-by-side into and through the depths of feeling and supporting each other. Over time, a group experience founded on wisdom, depth, and honesty is a cherished spiritual gift. Is now your time to experience this?

PTP YEAR 1 FACULTY

Jack Bodger will be the lead teacher for the PTP program. He brings 10 years of Pathwork experience, is currently President of PoC.

Maria Krekeler, Senior Pathwork Helper and Somatic Experiencing® Practitioner. Maria will be co-teaching with Jack Bodger the first weekend of PTP 1 in October. Maria has been teaching the Pathwork Transformation Program since 2005 and recently completed teaching the 4-year HTP course.

Ingrid Schirrholtz, Senior Pathwork Helper and Dipl.-Psych., MA, TEP will be co-teaching the May 2024 weekend with Jack Bodger. Ingrid has been a Pathwork Helper for 30 years. For the last 10 years she trained Helpers in California, Michigan, New York and Vermont.

HOW WILL I GROW?

Year 1 - Knowing Yourself: The map of consciousness and levels of reality; the Human experience; the healthy ego and its functions; The relationship between Images, Needs, and Defenses;

Year 2 - Universal Consciousness & Lower Self: Identifying our soul's task in relationship with Self, Others and God. Working through blocks while deepening our relationship to our God-self. Experiencing and expressing our real selves.

Year 3 - Being and Loving your Real Self - Living in Service. Making a commitment to leadership and service; working with resistance and issues around authority; deepening our unitive consciousness.

WHAT'S NEXT?

Prerequisites: 1) Complete 10 Lecture Study Series by PoC approved-helper; 2) Experience in a Pathwork Workshop or Process Group; 3) Application and Interview with Faculty member; 4) Recommendation from your Helper.

Ongoing Requirements: Homework for all program modules, individual Pathwork® sessions 2x/month during the school year. Individual session fees not included in PTP tuition.

Dates: Begins Oct. 2023. [See website](#) for complete list of weekend modules.

Class location: Non-residential in San Diego County. Possible option for out of area students to stay at the class location for an extra fee.

Program Tuition: \$2,450/year early registration by 7/1/23; otherwise \$2550. Plus PoC student dues: \$75.

To contact or apply: Jack Bodger: jack@jackbodger.com; 805-717-1373. Or PoC: office@pathworkcalifornia.org. Pathworkcalifornia.org.



"Pathwork has helped me realize my dreams. It is a practical way of truth that will change your life."

**Barbara Brennan, author
Hands of Light**

PATHWORK TRANSFORMATION PROGRAM

The heart of the
Pathwork experience

Pathwork of California, Inc. is a 501(c)(3) non-profit, tax-exempt charitable organization. Pathworkcalifornia.org